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JUNE 2016



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'He's Losing Weight, I Can't Stand It!'

Cosmotivation

WINNING INBOX

At last I have my @EarlBet @CosmopolitanSA, yippee!!!!!!
First, I have to say I really loved the April issue of COSMO, especially your No-BS Break-Up Guide. I went through a pretty bad break-up a while ago, I sobbed for three months straight. We lasted almost a year and a half, and it was like heaven ... and then he left me for someone else. I'm now in a pretty good place. I've found someone else and I'm taking things slowly. All I can take from it is, 'if it didn't work out, he wasn't the right guy' - it's something we all have to make peace with. Thanks, COSMO, for helping me keep my head up. Big ups! -LUCILLE RAINERS, CAPE TOWN



With our cover star Nomzamo Mbatha, find out her story on page 18

WIN!

Make your bestie's day: the writer of next month's winning letter will win two TheraVine™ hampers worth R2 386 each, containing Brightening Milk Cleanser, Brightening Conditioner and Brightening C+ Day Protection+ Concentrate and Recovery+ Night Treatment.



CONGRATS!
Luceille Rainers, the writer of this month's winning letter, has won two Active Lab hampers worth R2 800 each.

TWEETS WE LOVE



@CelellaR
You can always trust @CosmopolitanSA and the best beauty and fashion tips! #TresenmeTakesNYC



@Tania181518
@CosmopolitanSA I'm supposed to be working but I'm taking a break to read my #COSMO!



@Ur_gal_zee
So my fave mag featured lil' old me in the April issue. How cool? Ecstatic!

Want to share your thoughts?
If you want to see your message featured in our mag (and win an awesome prize while at it) inbox us or drop us a mail at cosmopolitan@assocmedia.co.za.



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